

HEALTH AND WELLBEING BOARD

WEDNESDAY, 13 DECEMBER 2017

PRESENT:- Mr Brian Mattock (Lay Member) (Chair), Councillors Ray Ballman, Fionuala Foley and Brian Ford (Swindon Borough Council), Tori Jones (Healthwatch Swindon), Nicki Millin (NHS Swindon Clinical Commissioning Group), and Angus Macpherson (Police and Crime Commissioner).

Also in attendance were: Sue Wald, John Gilbert, David Haley, Cherry Jones, Penny Marno and Peter Nathan (Swindon Borough Council), Shelia Baxter, Frances Mayes and Esther Schmidt (Clinical Commissioning Group).

Apologies for absence were received from Michelle Howard (Healthwatch Swindon), Dr Peter Mack (NHS Swindon Clinical Commissioning Group) (Vice-Chair), Gill May (NHS Swindon Clinical Commissioning Group) and David Wray (Voluntary Action Swindon).

34. Declarations of Interest

The Chair reminded Members of the need to declare any known interests in any matters to be considered at the meeting. No declarations were made.

35. Minutes

Resolved – That the minutes of the meeting held on 25th October 2017 be confirmed and signed as a correct record.

36. Public Question Time

No public questions were received prior to or during the meeting.

37. Prevention Concordat for Better Mental Health

The Board considered a presentation by Ms Frances Mayes (Senior Public Health Manager) setting out the principle of the National Prevention Concordat which had been launched by Public Health England in September 2017. Ms Mayes confirmed the Concordat was outlined in the NHS Five Year Forward View for Mental Health and provided a focus for cross-sector action to improve people's mental health and to help reduce the risk of mental illness. The Concordat was a shared commitment between local authorities, the National Health Service, public, private and voluntary sector organisations, educational settings and employers.

Following the presentation Board members discussed the matters raised, including:

- That half of young adults with mental health issues have symptoms by the age of 15 and nearly 75% by their late teens.
- The suicide rates for young adults and adults with symptoms of mental health.
- The life expectancy of somebody with mental health problems.
- The economic and social cost to the country in dealing with mental health issues.

- The measures available to (i) promote good mental health, (ii) prevent mental health problems and (iii) improve the lives of people experiencing and recovering from mental health problems.
- The role of primary prevention (reducing the wider determinants and raising awareness and knowledge of mental health problems), secondary prevention (early identification and intervention to stop the progress of illness) and tertiary prevention (promoting recovery and reducing the risk of reoccurrence).
- The five steps of the Prevention Concordat in Swindon, namely:
 - Needs Assessment and Asset Mapping.
 - Partnership and Alignment.
 - Translating need into deliverable outcomes.
 - Defining successful outcomes.
 - Leadership and accountability.
- Current work being undertaken to promote the objectives of the prevention concordat in Swindon.
- The need to regularly review work to ensure that it meets the concordat guidance.
- The areas of focus for the concordat for the forthcoming year and the role of the Health and Well-Being Board in monitoring and challenging progress made against the concordat.

Resolved – (1) That the Senior Public Health Manager be thanked for the useful and interesting presentation.

(2) That the Prevention Concordat be presented to the next meeting of this Board for approval and referral to the Council's Cabinet and the Clinical Commissioning Group's Governing Body for adoption.

38. Swindon's Transformation Plan for Children and Young People's Mental Health and Well Being - 2017 to 2020

The Board received a report updating members on the refreshed Swindon Local Transformation Plan for Children and Young People's Mental Health which had been developed in liaison with strategic partners. The Children's Commissioning Lead confirmed that improvement in Children's Mental Health was a national priority and was set out in two key documents, "Future in Mind" and "the Five Year Forward view for Mental Health".

Following the presentation of the report, Board members discussed the matters raised, including issues including:

- The alignment of the local plan with national policy.
- The increase in demand for mental health services since the publication of the original plan in 2014/15, leading to increases service pressures.
- That the plan informed a number of services provided by partner organisations and the voluntary sector.
- The recording of good quality data from hospital records had helped shape the prevention agenda.
- Work was still on-going to achieve a single point of access to provide a better service to users.
- The Swindon Priorities which were (i) building resilience through the promotion of good mental health well-being prevention and early intervention, (ii) changing care provision to enable a needs led service, and sustaining a

culture of evidence based improvement through a appropriately skilled work force.

- Key Swindon Transformation Plan Outcomes set out within paragraph 3.5.2 of the report.
- Key achievements and challenges faced since the publication of the original Transformation Plan.
- The need to continue to monitor and challenge the progress of the plan to ensure its objectives remained on track.
- Engagement with partners to avoid unnecessary duplication of work.
- The use of STEPS in improving the dissemination of information to young people.

Resolved – That the report be noted.

39. Adult Mental Health Delivery Plan 2017 - 2019

The Mental Health Commissioner, Swindon Clinical Commissioning Group, submitted a report setting out the Adult Mental Health Delivery Plan 2017/2019 which assessed the existing Swindon Clinical Commissioning Group mental health plans against the Five Year Forward View delivery plan requirements.

Following the presentation of the report, Board members discussed the matters raised, including issues including:

- The development of a position statement in respect of Places of Safety and the requirements in respect of Places of Safety under Section 136 of the Mental Health Act.
- The relocation of the Places of Safety suite from Swindon to Devizes and the current status of negotiations with the Avon and Wiltshire Partnership Trust on service provision and funding.
- Work on an integrated mental and physical health approach.
- Work in respect of (i) Perinatal Mental Health, (ii) Adult Mental Health, and (iii) Suicide Prevention.
- The current status of Key Performance Indicators locally and in comparison with national targets for 2017/18.
- Priorities and investment in services for the period 2017/18 to 2018/19.
- New service commitments during 2017/18 including (i) Street Triage, increasing staffing levels and relocating the 24/7 Crisis Resolution and Home Treatment Service to enable more effective intervention and collaborative working, (iii) the assessing, and screening of all mental health presentations by a dedicated Registered Mental Health Nurse, (iv) the trialling of acute care models for 16-25 year old patients, the development of a Integrated Perinatal Mental Health Pathway, including up skilling the existing workforce.
- Forthcoming challenges in meeting the Plan during 2018/19.
- The use of calming cafes and the range of alternative provision available.
- The jointly agreed business case for the Adult Mental Health Delivery Plan and the need for clarity in respect of its financing.

Resolved – That the Adult Mental Health Delivery Plan 2017-19 be noted and endorsed.

40. Development of Accountable Care in Swindon

The Board received an oral report from Nicki Millin, NHS Swindon Clinical Commissioning Group, updating the Board on the current status of the development of Accountable Care in Swindon including:

- Meetings with staff, carer groups and the public to discuss proposals.
- Work to draw together the themes emerging for Accountable Care and signing posting services in Swindon.
- Work on a pilot project for those people at the end of their life period.
- Work to create a single point of contact and record keeping.
- That the outcomes of consultations would be presented to the next meeting of the Board.

Resolved – That the report be noted.

41. Dementia Joint Strategic Needs Assessment - 2017 Update

The Board received a report setting out an update on the Dementia Joint Strategic Needs Assessment which had been agreed by the Board in 2013. The Consultant in Public Health, Swindon Borough Council, set out the context of the on-going delivery of the Swindon Dementia Strategy 2014-19 which was overseen by a multi-agency steering group.

Following the presentation of the report, Board members discussed the matters raised, including issues including:

- Data on dementia within Swindon gathered since the introduction of the original needs assessment.
- The effect of dementia on elderly people and the primary and secondary support they would require.
- The use of data in service planning and the ability to identify support and services required within different areas of Swindon.
- The on-going role of the Cabinet Member's CMAG on Dementia which met monthly to review local data in respect of dementia. The factors that affected dementia and whether these could be diagnosed at a Parish level.
- The benefits of physical activity and mental resilience in helping to combat dementia.

Resolved – (1) That the report be noted.

(2) That the Board records its support for the continued work around dementia in Swindon.

42. Falls Prevention Update

The Board received an oral update from the Consultant in Public Health, Swindon Borough Council, in respect of the Falls Prevention Strategy including:

- Data collected by the Great Western Hospital and the Swindon Falls and Bone Health Collaborative on the estimated number of Falls within Swindon and the effect this had on individuals and they would subsequently require.
- The Strategy focus on early intervention to maintain independence and reduce the risk of falls.

- Work to prevent falls amongst high risk groups, including the promotion of strength and balance of elderly person.
- Work to understand the prevalence and patterns of falls and injuries.
- A breakdown by month of admission to the Great Western Hospital through injuries created by falls.
- Work in the community to prevent falls in the home.
- Work undertaken at the Greta Western Hospital to prevent, as far as possible, the loss of mobility to patients in hospital.

Resolved – That the report be noted.

43. Swindon Substance Misuse Strategy 2017-2022

The Board received a report of the Senior Public Health Manager, Swindon Borough Council, setting out the Swindon Substance Misuse Strategy 2017 to 2022 and work to align it to national drivers and priorities. Key priorities for Swindon included, (i) prevention and early intervention particularly with young people and their families, (ii) a reduction in health related harms and addressing inequalities, (iii) the promotion of sustained recovery for those dependent on substances, and (iv) a reduction of substance misuse related crime and anti-social behaviour. The Senior Public Health Manager also drew members' attention to key successes of the strategy outlined in paragraph 3.7 of the report.

Resolved – (1) That the report be noted.

(2) That the development of a full Swindon Substance Misuse Strategy Action Plan be endorsed and an annual report on progress in meeting the Strategy's targets and outcomes be submitted to this Board.

(3) That Swindon Borough Council's Cabinet and the Swindon Clinical Commissioning Group's Governing Body be recommended to adopt the Swindon Substance Misuse Strategy 2018-2022.

44. Swindon Challenge

The Board considered a report providing an update on the Swindon Challenge submitted by Mr Peter Nathan, Head of Education, Swindon Borough Council. The report set out the strategy to address underperformance in primary schools, secondary schools and 16-19 year old education in Swindon through a three year programme involving collaboration between the Council, School Governors and Head teachers.

The Head of Education, Swindon Borough Council responded to questions in respect of:

- The imminent release of the findings of the most recent OFSTED inspection of Swindon schools.
- The terms of reference of the Swindon Challenge Board as set out within the report, together with the Swindon Challenge action plan which included (i) Leadership and Management, (ii) Teaching and Learning, and (iii) Behaviour, Personal Development and Welfare.
- Improvements in under 11 year old performance which had seen the strongest improvement in the country.
- Improvements made through sharing information on best practice within

Swindon's education establishments and a mentoring scheme in higher education overseen by Oxford Brookes University.

- The current three year funding commitment of £600,000 provided by Swindon Borough Council to support the Swindon Challenge project.
- Progress in bringing St. Luke's School back into the mainstream education stream.
- The challenges currently being faced by education providers in Swindon and the effect these issues could have on the health and wellbeing of people in Swindon should they not be addressed.
- Visits undertaken by the Cabinet Member and Chief Executive to schools in Swindon to promote and support the Swindon Challenge.

Resolved – That the report be noted and the approach outlined in the Swindon Challenge be supported.

45. Future meeting dates of the Board

The Director of Public Health submitted a report setting out a proposed timetable of meetings for the Board and Chair's Advisory Group for the Municipal Year, 2018/19.

Resolved – (1) That the proposed dates for Board meetings as set out in paragraph 3.3 of the report be agreed.

(2) That it be noted that the final dates for Board meetings will be subject to agreement by Full Council in May 2017 as part of the Meetings Calendar for 2018/19.

46. Joint Commissioning Group - Minutes for information and comment

Ms Sue Wald, Director of Adult Services, Swindon Borough Council, asked the Board to note that the November data for the delay in Social Care had been reduced to 5 bed days per day.

Resolved – That the minutes of the Joint Commissioning Group meeting held on 25th October 2017 be noted.