



#MindTheGap Campaign Survey tool

Mental health service provision across England varies from local authority to local authority. Many young people's needs are not currently being met because services are not always easily accessible; they are not always youth friendly; and if you live in the wrong postcode, you may not have any services at all. The #MindTheGap campaign aims to praise services that are meeting the mental health needs of young people, and highlight where young people are missing out on mental health services.

UKYP want to map out mental health service provision for the whole of England by using the survey below; and in order to get reliable and credible data, we need you! We want to know the kinds of mental health services that are available in your area? How young people can access the service and what the opening times are. We also want to know if there are any restrictions to accessing the service. All the findings from the survey will be put into a report, which will be presented to the Minister of State for Community and Social Care, Alistair Burt MP.

There are two parts to this survey, please complete part 1 then move onto part 2. Please feel free to print more copies of part one if you need to.

Deadline: 30th July 2015. Please print and bring to the Annual Sitting or email by the deadline to ukyppeg@byc.org.uk

Names of the young people who completed the research: **Ellie James & Wilfred Steenberg**

Local Authority: **Swindon**

Region: **South West**

Part 1

Name of the Organisation	What types of services do they offer?	Can you walk in? Or do you have to be referred?	Age range	Opening times	Any Restrictions in accessing service? I.e. Distance to services? Limited services available? Only available to students in a certain catchment area? Opening times? Etc
Targeted Mental Health Service (TaMHS)	Supporting the emotional wellbeing of children and young people by ensuring that their mental health needs are addressed	Referred	0 to 19	Variable (Not 24hr service)	<ul style="list-style-type: none"> • Can only be accessed by childcare practitioners / professionals. • The professional will assess the situation and, where necessary/appropriate, refer the child or young person • Child Young Person must be in full-time education
Children and Adolescent Mental Health Service (CAMHS)	Interventions for any child that has more severe, complex and persistent mental health difficulties.	Referred	Not shown on literature	All the time; emergency numbers available	<ul style="list-style-type: none"> • Can only be accessed by childcare practitioners / professionals. • Not sure of age restrictions • Different departments not sure who to access???
ON Trak	For children & young people experiencing mental health problems that are likely to respond positively to 'talk-based' therapies	Referrals from young people themselves or from parents, guardians or carers	14 to 19	09:00-17:00	<ul style="list-style-type: none"> • Only for those with moderate mental health problems that may be improved by attending one-to-one, talk-based therapy sessions. • Opening hours coincide with school / college
PASH	Delivering a flexible and comprehensive approach, empowering wellbeing, for individuals wanting to develop long term coping skills to overcome self-harm / injuring behaviour.	Phone to make an appointment – Self referral available	16+	Monday-Friday 9.00am - 3.30pm	<ul style="list-style-type: none"> • Only from the age of 16 years onwards • Opening hours coincide with school / college

Family Mediation Service - Counselling for Children and Young People	Counselling Project provides trained counsellors for children whose parents are separating or have separated. We recognise that in difficult family situations our counsellors are able to listen to children to help them express their feelings and sadness	Phone to make appointment	5 to 18	Unclear from website	Opening times unclear
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Part 2 – To be completed when you have finished Part 1

1) How easy was it to find this information on a scale of 1-5? (*Please circle your answer*)

1	2	3	4	5
Very Easy	Easy	Okay	Hard	Very Hard

2) What other campaigns & sources of information did you find? (*Please list below*)

Please see additional information attached from recent CAMHS TaMHS Survey – also please refer to previous email with links to past film project around removing the stigma around mental health.