

Swindon Oral Health Action Plan 2016/17

This action plan is not exhaustive and will be updated and monitored as part of the Swindon oral health steering group.

<u>Objective</u>	<u>Action</u>	<u>Lead</u>	<u>Partners</u>	<u>Measurement and timescale</u>
Ensure oral health is a health and wellbeing priority				
Provide a regular report on Swindon's oral health to the joint commissioning group.	Oral health report	SBC	SBC, GWHFT, PHE	Completed report
Form a Swindon oral health steering group	Formation of Swindon oral health steering group	SBC	SBC, GWHFT, CCG, PHE, primary care dentistry.	6 monthly meeting of steering group, first meeting March 2017.
Tackle social and lifestyle determinants of disease				
Improving the environments in which people live and work by taking action on social determinants of ill health.	Discussion of oral health with the workplace wellbeing and attendance group.	SBC	SBC	Spring 2017
	Consideration and advocacy for wider changes which can have a positive impact on oral health e.g. developing healthier preschool settings, safe recreational areas (preventing dental trauma), removing sweets at supermarket checkouts and introducing planning policies that promote healthier food outlets near schools.	PHE	PHE, SBC	Ongoing

	Protocols for mouth care for people who are not able to live independently.	SBC	SBC, providers including care homes and domiciliary care providers	Oral care package as part of contract, April 2017
Making healthy choices easier with regard to healthy, sugar free foods and drinks.	This objective is a key part of the Healthy weight strategy. Examples of specific action within the Health Weight strategy which will impact on oral health include; healthy schools programme, health visitors work on weaning and healthy eating, Change4life.	See Healthy Weight strategy, 2016-21	See Healthy Weight strategy, 2016-21	See Healthy Weight strategy, 2016-21
Supporting reductions in alcohol misuse, tobacco use and substance misuse.	These objectives are a key part of the alcohol strategy and tobacco strategy and This includes reduction in chewing tobacco.	See relevant strategies.	See relevant strategies.	See relevant strategies.
Embed oral health into commissioning				
Include oral health actions as the norm in strategies, programmes and services aimed at vulnerable adults and children	Review which strategies and contracts are to be renewed which are aimed at vulnerable adults and children, to ensure that oral health can be considered. For example	SBC	SBC, PHE for advice	Addition to action plan of details of contracts/strategies which should be considered within this, 2016/17.

	breastfeeding, looked after children, carer centres.			
Embed oral health within public health improvements such as the Swindon Community Health and Wellbeing Hub.	<p>Ensure that there is awareness of oral health issues (e.g. self care, dental care and oral cancers) within public health improvements including healthy weight, tobacco, alcohol and substance misuse teams.</p> <p>Ensure that substance misuse teams are aware of oral health issues including the impact of substance misuse and methadone.</p>	<p>SBC</p> <p>SBC</p>	<p>SBC, PHE, GWHFT</p> <p>SBC, providers, GWHFT</p>	<p>Inclusion of oral health within key strategies (Ageing well, tobacco, healthy weight).</p> <p>Awareness of oral health issues following oral health training.</p> <p>Include oral health in reviews for methadone service users.</p>
Commission oral health improvement interventions				
Ensure the most cost-effective oral health improvement interventions are being commissioned.	<p>Review evidence base, local needs and current service to ensure cost-effective oral health improvement interventions are commissioned.</p> <p>Update service specification</p>	GWHFT, SBC	GWHFT, SBC, PHE, NHS England	Updated service

	for oral health promotion service and continue ongoing discussion with regards to collaborative commissioning on need.			specification for 2017/18 Regular review and monitoring of oral health promotion.
Ensure that oral health improvement interventions reduce inequalities by targeting those at greatest risk of poor oral health.	Ensure service specification for oral health promotion includes targeting to reduce inequalities by focusing on those at greatest risk of poor oral health including children, older people, people living with learning disability, people living in poverty, people with lifestyles that increase their risk of oral disease and those who are dependent on others for support. Ensure provision of oral health promotion considers accessibility of information.	GWHFT, SBC	GWHFT, SBC, PHE, NHS England	Updated service specification for 2017/18
Review the evidence for interventions that improve oral health including those that increase availability of fluoride.	PHE recently concluded a review of water fluoridation. The oral health steering group will agree priorities from this for Swindon	Oral health steering group		

Shared ownership of the oral health agenda				
Work with partners who manage the provision of dental services and dental professionals	Liaise with NHS England about local needs and provision of outcome data to ensure equitable access to and provision of services.		SBC, PHE, NHS England	Ongoing
	Monitor admissions for tooth extractions in children, and continue to work with partners on this area.		SBC, GWHFT, PHE, CCG	Admissions for tooth extractions in children and young people (0-19 years), annual
Patient and public involvement	Capture the voice of service users and Swindon residents about dental services		NHS England, PHE, SBC, HealthWatch	Inclusion of patient voice in development of action plan
Oral health in schools and early years services	This will be included as part of the ongoing work provided by the oral health promotion service.	GWHFT, SBC	SBC, GWHFT, PHE	See above
	Ensure information on oral health is available electronically to schools and early years settings.	SBC	SBC, GWHFT	2017/18
	Consider oral health explicitly	SBC		2017/18

	as part of Healthy schools.			
Oral health for adults in care homes and adults receiving care at home	Review evidence base and local needs to develop a sustainable model.	SBC	SBC, GWHFT, care homes	2017/18
	Ensure oral health is included in Ageing Well strategy.		SBC	
	Deliver oral health presentation to care home forum.	PHE	PHE, SBC, providers	Early 2017
	All residents of residential care settings have an oral care plan/protocol	SBC	SBC, PHE, GWHFT, providers	March 2018
Oral health for people with dementia	Work with dementia steering group to review potential for dementia friendly dentists, and share existing tools for carers to maintain oral health.	SBC	Dementia steering group	Autumn 2017
Oral health for people with learning difficulties	Work with learning difficulties steering group and identify materials on oral health. Include in oral health promotion service specification	SBC	Learning difficulties steering group	Autumn 2017
Oral health for looked after	Ensure looked after children	SBC	SBC, PHE, NHS	March 2017

children	have oral care plan as part of care package including access to dentist. Ensure outcomes of looked after children are collected.	PHE	England	
Oral health for GWHFT inpatients	Oral health care package included for inpatients.	GWHFT	GWHFT, SBC	Autumn 2017
Data gathering	Work with PHE and NHE England to enable us to monitor oral health outcomes.	PHE	SBC, PHE, NHS England	Ongoing

Appendix to action plan - What works to improve oral health

NICE PH guidance 55 includes the following recommendations:

- Ensure public service environments promote oral health.
- Include information and advice on oral health in all local health and wellbeing policies.
- Ensure frontline health and social care staff can give advice on the importance of oral health.
- Incorporate oral health promotion in existing services for all children, young people and adults at high risk of poor oral health.
- Commission training for health and social care staff working with children, young people and adults at high risk of poor oral health.
- Promote oral health in the workplace.
- Commission tailored oral health promotion services for adults at high risk of poor oral health.
- Early years settings:
 - Include oral health promotion in specifications for all early years services.
 - Ensure all early years services provide oral health information and advice.
 - Ensure early years services provide additional tailored information and advice for groups at high risk of poor oral health.
 - Consider supervised tooth brushing schemes for nurseries in areas where children are at high risk of poor oral health.
 - Consider fluoride varnish programmes for nurseries in areas where children are at high risk of poor oral health.
- Primary and secondary schools:
 - Raise awareness of the importance of oral health, as part of a 'whole-school' approach in all primary schools.
 - Introduce specific schemes to improve and protect oral health in primary schools in areas where children are at high risk of poor oral health.
 - Consider supervised tooth brushing schemes for primary schools in areas where children are at high risk of poor oral health.
 - Consider fluoride varnish programmes for primary schools in areas where children are at high risk of poor oral health.
 - Promote a 'whole school' approach to oral health in all secondary schools.

The PHE 'delivering better oral health' gives detailed guidance on advice dental health should give and actions they should take to prevent disease. The PHE return on investment tool looks at interventions for 0-5 year olds.

Reviews of clinical effectiveness by NICE (PH55) and PHE (Commissioning Better Oral Health for Children and Young People, 2014) have found that the following programmes effectively reduced tooth decay in 5 year olds:



*All targeted programmes modelled on population decayed, missing or filled teeth (dmft) index of 2, and universal programme on dmft for England of 0.8. The modelling has used the PHE Return on Investment Tool for oral health interventions (PHE, 2016). The best available evidence has been used in this tool and where assumptions are made these have been clearly stated

PHE Publications gateway number: 2016321

© Crown copyright 2016