

National priorities to be considered against the Swindon Joint Strategic Needs Assessment (JSNA) recommendations

Adults

1. The mental wellbeing of the Swindon population is in line with the national and regional average but deteriorated in Swindon in 2012/13 when nationally and regionally it improved.
2. Mental wellbeing is significantly worse in the more deprived areas of Swindon.
3. There may be around 30,000 adults in Swindon with a common mental health disorder (excluding dementia). This is projected to increase over the next 20 years.
4. Swindon has above average rates of people on GP registers with depression and the third highest level of anti-depressant prescribing in the South West.
5. Swindon has the 15th highest rate of hospital admissions for self-harm and ranks 15th highest out of 150 local authorities.
6. The rates of suicide in Swindon have increased and average 16 per year.
7. Swindon has higher rates of people who feel socially isolated than the national rate.
8. Swindon has some very good mental health services including excellent access to psychology services although there are some gaps in services.
9. Those with mental health disorders still experience stigma and discrimination associated with their condition.
10. Those with Severe Mental Illness die on average 20 years earlier than the general population.
11. On average those with mental health problems have fewer qualifications, find it harder to find and retain work, have lower incomes, and are more likely to be homeless.
12. Those with long term conditions or disabilities experience more mental health problems.

Swindon recommendations from JSNA for adults

1. Ensure a more co-ordinated approach to commissioning mental health and wider services by all statutory and voluntary sectors.
2. Develop initiatives to improve mental wellbeing.
3. Develop an innovative approach to promoting and implementing the Five Ways to Wellbeing.
4. Develop Initiatives to address social isolation.
5. Ensure mental health services are accessible to all.
6. Ensure those working with individuals in relation to benefits are aware of the needs of this client group.
7. Address the needs of the whole family.
8. Review the physical health needs of those with mental health disorders.
9. Establish and support a local Time for Change group.
10. Ensure that the mental health needs of those aged 16 – 25 years are met and that the transition between CAMHS and Adult services is facilitated.
11. Review the implementation of Section 136 of the Mental Health Act.
12. Develop a self-harm register at Great Western Hospital.

13. Collaborative work with Multi Agency Public Protection Arrangements (MAPPA) to address out of area placements.
14. Undertake further analysis of high anti-depressant prescribing.
15. Ensure the Dual Diagnosis pathways are implemented and evaluated.
16. Evaluate the effectiveness of the restructuring of Avon Wiltshire Partnership services. Ensure mental health services are based on the stepped care approach and early intervention models.
17. Ensure mental health support available for people with long-term physical health conditions.
18. Review and implement existing integrated Eating Disorder pathways.
19. Review the provision of Attention Deficit Hyperactivity Disorder (ADHD) treatment.
20. Address the gap in service for those who are acutely emotionally distressed but not necessarily mentally ill.