

Swindon's Transformation Plan for Children and Young People's Mental Health and Well Being – 2017 to 2020

Health and Wellbeing Board

Date: 13th December 2017

Author:	Esther Schmidt - Children's Commissioning Lead, NHS Swindon Clinical Commissioning Group
Wards:	All
Parishes Affected:	All

1. Purpose and Reasons

- 1.1 To inform the Health and Wellbeing Board about the Swindon Local Transformation Plan for Children and Young People's Mental Health, which has been refreshed. The annual plan has been developed with key strategic partners including Swindon Borough Council, schools, and the voluntary sector.
- 1.2 The improvement of Children and Young People's Mental Health is a national priority as set out in two key documents: Future in Mind, and the Five Year Forward View for Mental Health. The Sustainability and Transformation Partnership with Wiltshire, Bath and North East Somerset, and Swindon Clinical Commissioning Groups (CCGs) has made Children and Young People's Mental Health one of their top priorities.
- 1.3 The production of an annual Local Transformation Plan for Children and Young People's Mental Health is the responsibility of each CCG.

2. Recommendations

The Board is recommended to:

- 2.1 Discuss and approve the Swindon Local Transformation Plan for Children and Young People's Mental Health 2017-2022 attached at Appendix 1 to the report.

3. Detail

- 3.1 Since the publication of the last Transformation Plan for 2014/15, Swindon has seen an increase in demand for mental health services for children and young people in line with the national picture. During 2016/17, the local mental health services in Swindon received more than 3069 referrals for children and young people requiring targeted or specialist support, which is a 30% increase since 2014/15.
- 3.2 Swindon has also seen a year on year increase of self-harm presentations to the Emergency Department at the Great Western Hospitals for young people in distress. The CCG now receives regular data in relation to these admissions and has established a mental health liaison worker post at the Great Western Hospital to support children and young people directly, as well as staff on the

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wards, in order to ensure a smooth transition into children and young people's community mental health services.

3.3 The Swindon Priorities are:

- 3.3.1 Build resilience through promoting good mental health and wellbeing, prevention, and early intervention across the Emotional and Mental Health pathway.
- 3.3.2 Change how care is provided so that there is a needs-led not service led seamless Emotional and Mental Health pathway.
- 3.3.3 Sustain a culture of continuous evidence-based improvement delivered by a workforce with the right skills-mix, competencies and experience who strive for excellent quality.

3.4 Swindon's Local Transformation Plan outlines:

- 3.4.1 National and Local priorities, and how these are informed by local needs assessments and strategies.
- 3.4.2 Swindon's achievements since the publication of the last Transformation Plan, which include:
 - Improving the single point of access.
 - Mental Health in Schools Award development.
 - Specific groups for boys and young men.
 - Innovation through mobile apps and other online resources.
 - Improved access for Children Looked After.
 - Successful new posts established to work with children and young people engaging in risky behaviour and exposed to sexual assault.
 - Joint funding for the Emotional Literacy Support Assistants project in schools. They are teaching assistants who have received specific additional training from educational psychologists from whom they receive on going supervision following training. Their role is to support children and young people in school to understand and regulate their own emotions whilst also respecting the feelings of those around them. More information can be found at: <http://elsanetwork.org/>.
 - The establishment of TEDS, a specialist Eating Disorder service, launched in January 2017.

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- 3.4.3 The Swindon CCG Engagement and Partnership approach to service improvements. The CCG will develop local priorities with partners and through co-produced approaches.
- 3.4.4 The governance structure via the multi-agency Children and Young People's Emotional, Mental Health and Wellbeing Strategy Group, Joint Commissioning Group, and the Health and Wellbeing Board.
- 3.4.5 An increase of financial Investment of 9.4% in children and young people's mental health in 2016/17, with an additional 6.1% increase planned for 2017/18.
- 3.5 Swindon's Local Transformation Outcomes include:
 - 3.5.1 Continue to invest in an evidence based Eating Disorder Service.
 - 3.5.2 Build resilience through promoting good mental health and wellbeing.
 - 3.5.3 Prevention and early intervention across the CAMHS pathway.
 - 3.5.4 Change how care is provided so that we have a needs-led not service led seamless CAMHS pathway.
 - 3.5.5 Sustain a culture of continuous evidence-based improvement delivered by a workforce with the right skills-mix, competencies and experience who strive.
 - 3.5.6 Development of Paediatric Liaison relating to deliberate self-harm and chronic conditions.
- 4. **Alternative Options**
 - 4.1 The Board could determine not to support the Swindon Local Transformation Plan for Children and Young People's Mental Health.

5. Implications, Diversity Impact Assessment and Risk Management

Financial and Procurement Implications

- 5.1 There are no direct financial or procurement implications arising from development of the strategy. Planned work as outlined in the action plan is covered by existing budgets or will go through appropriate Clinical Commissioning Group and Swindon Borough Council approval processes. In the longer term, improving children and young people's mental health may reduce health and social care cost by reducing more costly residential interventions and placements.

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Legal and Human Rights Implications

- 5.2 Legal and Human Rights considerations have been taken fully into account in compiling this report. It is considered that the recommendations of this report are compatible with Convention Rights.

All Other Implications (including Staff, Sustainability, Health, Rural, Crime and Disorder)

- 5.3 The plan has the potential to reduce health inequalities as there are significant inequalities in children and young people's mental health with higher prevalence in more deprived areas and those in these areas also experiencing greater harms caused poor mental health. The plan also has the potential to improve health, as poor mental health is associated with anti-social behaviour, poor educational attainment, worklessness, and coming into care.

Diversity Impact Assessment

- 5.4 A diversity impact assessment (DIA) is currently in progress for the re-procurement of tier 3 CAMHS services. This will be developed throughout the next 12 months and a separate DIA will be completed on lower level services. The plan is a refresh of an existing plan, which already had a DIA completed, and there have not been significant changes which impact upon the existing DIA.

Risk Management

- 5.5 No specific risks have been identified at this stage for this report.

6. Consultees

- 6.1 YOT Service Manager.
- 6.2 On-Track and U-Turn – Swindon Borough Council.
- 6.3 Children's Health Commissioning Lead, Swindon CCG.
- 6.4 Head of Early Help, Swindon Borough Council.
- 6.5 Mental Health Commissioning Lead, Public Health Team, Swindon Borough Council.
- 6.6 Operational Manager-Prevention & Specialist Services YOT, On-Trak & Uturn.
- 6.7 SENCO Dorcan Secondary School.
- 6.8 Service Manager, Healthwatch, Swindon.
- 6.9 Interim Service Manager, Oxford Health Foundation Trust.
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Further information on the subject of this report can be obtained from Esther Schmidt, 01793 683700, esther.schmidt@swindonccg.nhs.uk.

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- 6.10 Early Help Manager, TAMHS.
- 6.11 Head of Children and Families and Community Health Services, Swindon Borough Council.
- 6.12 Designated Nurse for Looked after Children, CCG.
- 6.13 Trust Assistant Principal (SEND), The Parks Academies Trust.
- 6.14 Senior Counsellor, Children's Services, Swindon Borough Council.
- 6.15 TAMHS Manager– Swindon Borough Council.
- 6.16 The Director of Finance (Section 151 Officer) and the Director of Law and Democratic Services (Monitoring Officer) are consulted in respect of all reports.

7. Background Papers

- 7.1 Future in mind: Promoting, protecting and improving our children and young people's mental health and wellbeing, Department of Health 2015.
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf.
- 7.2 The Five Year Forward View for Mental Health, NHS England, 2016.
<https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf>.

8. Appendices

- 8.1 Appendix 1 - Swindon's Transformation Plan for Children and Young People's Mental Health and Well Being – 2017 to 2020 (*circulated to Board members under separate cover and is available on the Council's website at: <http://ww5.swindon.gov.uk/moderngov/ieListDocuments.aspx?CId=933&MId=8081&Ver=4>*).