

# StandPoint Activity

## Starter:

- Ask the learners to recall the Eightfold Path.

## Stand -point Activity:

- Put four signs up around the room - Option A, Option B, Option C and Option D.
- Choose one part of the Eightfold Path (e.g. right speech)
- Tell the learners to imagine they are a Buddhist and give them a situation E.g one of your friends has been talking about you behind your back.
- Ask them to imagine what a Buddhist would do -
  - Option A - Go and shout at their friend.
  - Option B - Tell somebody else a friend's secret.
  - Option C - Ignore her.
  - Option D - Ask her nicely if she said this and calmly try to sort it out.
- Ask the learners why they have chosen that option.