

Human Bar Chart

How Happy Are You?

Task: This task will be completed anonymously. Therefore you might want to ask learners to complete it in pencil.

1. Give learners a piece of paper.
2. Ask them to write how happy they are on the paper, by ranking themselves from 1 to 5 on the happiness scale, 1 being very sad and 5 being very happy.
3. Ask the learners to write whether or not they are responsible for their happiness. A yes or no answer will do.
4. Ask the learners to fold their piece of paper and put them in a box.
5. Give the pieces of paper out (this will be done randomly).
6. Already have signs for the numbers 1 to 5 set up at one side of the classroom. Ask the learners to look at the piece of paper they have been given and to line up next to the number on the wall that corresponds with the number on their piece of paper.

Extension Task:

You could also have two signs with yes and no on, on a wall at the other side of the classroom. Ask the learners to look at the piece of paper and stand by the sign, which corresponds with the answer on their paper. Discuss why we are or aren't responsible for our happiness.